



ATTACHING SINKIT

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THERE ARE TWO DIFFERENT WAYS TO ATTACH SINKIT TO YOUR PUTTER FACE. First check to see if SINKIT'S powerful built in magnets will hold to your putter's face.

If they do then you will not need to use the included self adhering metal plates. Note that the logos on the rail should be positioned at the back of your putter.



If the magnets did not hold peel off the protective paper backing on the plates.



Make sure the putter face is clean and dry. Now firmly press the plate's reusable tape surface to your putter face.



Attach SINKIT'S built in magnets to the metal plates and adjust the width to your skill level.



To remove the steel plates from the putter use a golf tee or coin to separate the metal by raising one edge of the plate. Make sure the rails are dry and clean then apply the metal plate. This will protect the adhesive until the next use.

Beginner practice setting



Start with the rails at the widest possible setting. You can place two clubs on the ground parallel to your rails allowing about 1 inch of space on each side then practice swinging the putter back and forth.



Advanced & Pro



The advanced setting is intended to introduce the idea of making consistent contact in the sweet spot. This is a critical element to direction and distance control. The inside points of the rails should be equal distance from the sweet spot and about 1/2 an inch clearance on each side of the ball. This will tell you if you are still controlling too much with the hands instead of the shoulders because you will feel the ball hit the rails if your arc is off.



The vertical settings are similar to the horizontal ones described above. This setting was designed to aid in eye position and alignment. You should not be able to see the logos and lines on outside of the rails. This setting will trap the ball as it exits the putter face deflecting it off line if your arc is too severe.



SINKIT Practice

To avoid letting the rails hit the shafts learn to rock your shoulders up and down to move the putter. The best set up posture is to have your upper spine, forehead and chin as parallel to the ground as possible. This creates both the best shoulder plane and optical alignment plane.



This picture illustrates an ideal backswing arc. Look closely and you will notice the back left tip of the rails are slightly closer to the shaft than the front left tip. The rails appear almost square to the intended swing path. The face angle has almost no change. On the forward swing the front of the left corner of the rail would be very close to the shaft like a mirror image of the backswing.



Here is another great way to work on face angle at impact. Simply putt an object such as a tube or piece of wood down that is thick enough to hit the rail if it turns too much. Practice with the object being about an inch away to start and bring it in tighter as your skill develops. Face angle at impact is six times more important than path. The ball is influenced more by face angle than the direction of the putter head. Focus on good posture and using the up and down movement of your shoulders to control your putting stroke.



CONTACT INFORMATION
PRACTICE PERFECT PUTTING INC.
3256 KARLEY CRES.
COQUITLAM, B.C. CANADA V3E3E9
1- 778-786-1442
EMAIL ROB@JUSTSINKIT.COM

Please visit WWW.JUSTSINKIT.COM for free online video instruction